Medium Term Plan - Forest School - Spring 1.1 - EYFS

Forest school is a child centred approach; the activities that I plan to offer should reflect the needs and development of the particular children that I am working with. The activities are only a starting point and children may choose to take activities in a different direction from the one intended (or choose not to participate in the activity at all). It is the leader's role to be prepared for this and adaptable enough to develop the children's learning in the most appropriate way. Effective observation and evaluation therefore are vital to plan for the future sessions and decide which activities to offer.

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Progression	Learning outcomes	Learning experiences	
Lesson 1 We're off to find a fairy	Plan and think ahead - how to explore or play with objects. Improve gross and fine motor skills.	Read the story with the children. What does the story remind you of? What do they find on the journey?	
	Explore different materials and textures.	Use peelers to carve our own fairies and make fairy homes.	
		Bring small world fairies to go on a fairy hunt.	
Lesson 2 - Hibernation	Explore the natural environment using the senses. Talk about seasons and the things that take place during winter. Find out about which animals hibernate Begin to understand the need to care and respect their environment and all living things	Hunt for the animals that are hibernating in the woods - return to the fire pit - which animals did you find? Talk about what hibernation is and which animals hibernate. Make homes / beds for the animals to hibernate in.	
Lesson 3 - hedgehogs	Talk about the seasons and the things that take place during winter. Find out about animals that hibernate.	Read the Wide awake hedgehog and talk to the children about the different seasons. Remind the children of the previous session. What do hedgehogs do in the winter? Make mini hedgehogs using claw hammers, wooden discs and flat head nails. Make homes for toy hedgehogs to hibernate in.	
Lesson 4 - Predators and prey		Have a collection of toy animals - talk about why	

		they have been grouped - predators and prey. Discuss what the words mean. Flour trail - split into 2 groups - first group will be the prey and leave a trail of flour for the predators to follow then hide/ swap and repeat.
Lesson 5 - Evergreen plants and trees	Talk about seasonal changes. Notice seasonal changes , particularly in our wood. Explore different materials and textures.	Share a story about an evergreen plant/ tree - flower fairies? Talk to the children about the plants that we have in our woods - can they see any that are different to the others? Discuss what usually happens to the trees in the autumn, is there any exception to the rule? Use evergreen plants to create paint brushes and make pictures.
Lesson 6 - Penguin and pinecone	Talk about people we care about and people who are important to us. Build constructive and respectful relationships Work collaboratively in groups or pairs. Identify their own feelings. Think about the feelings of others.	Read the story - what feelings are in the story? Talk about love and caring for others. Make friendship bracelets - friendship trees. Make clay hearts with nature imprints.